# Drugs For IPF: Nintedanib (Ofev)

Robert Hallowell, M.D. Assistant Professor of Medicine Harvard Medical School Director, Pulmonary Practice, BIDMC



ILD Collaborative

### Disclosures

• No financial disclosures

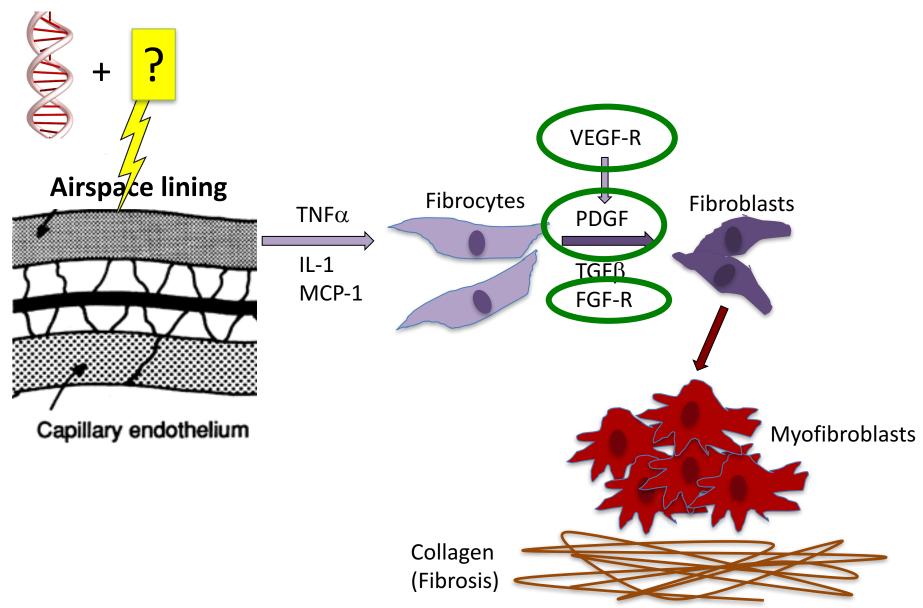
# Nintedanib (Ofev)

- FDA approved October 2014
- (BIBF 1120)





## Nintedanib

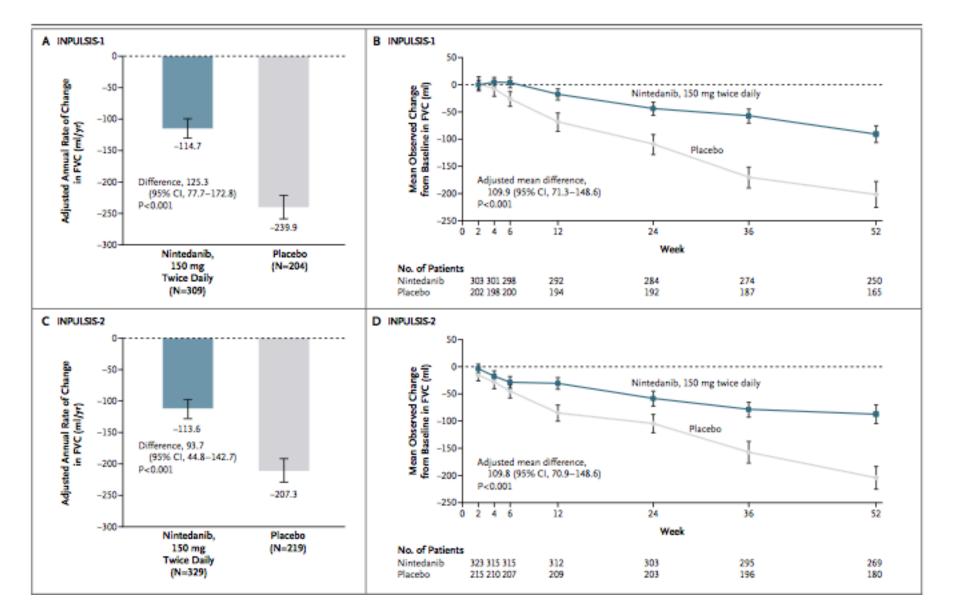


### **The INPULSIS trials**

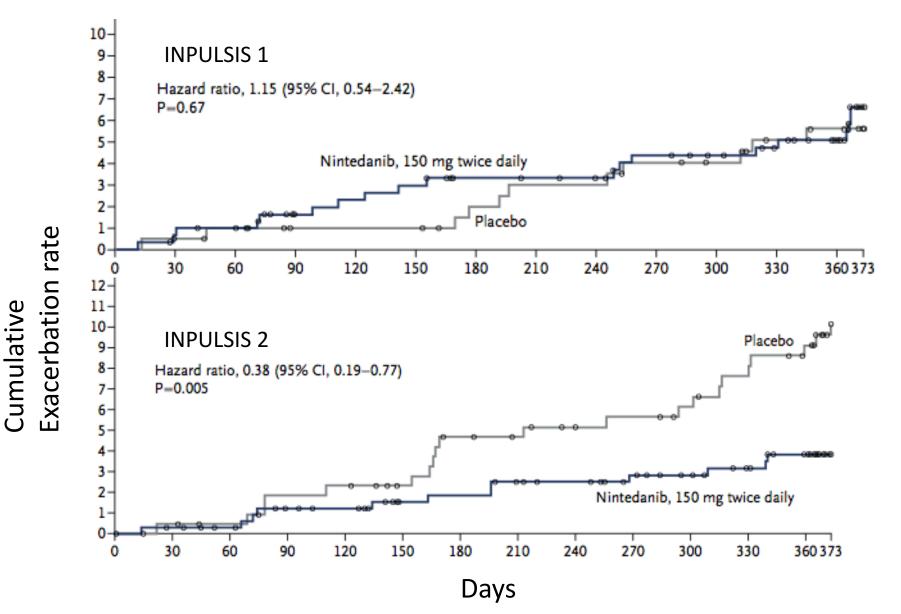
INPULSIS-1: 513 patients (309 drug; 204 placebo) FVC decline (52 weeks): -114.7 ml vs -239.9 (p<0.001) Time to first exacerbation: HR 1.15 (P = 0.67)

INPULSIS-2: 548 patients (329 drug; 219 placebo) FVC deline (52 weeks): -113.6 ml vs -207.3 (p<0.001) Time to first exacerbation: HR 0.38 (P = 0.005)

### **The INPULSIS trials**



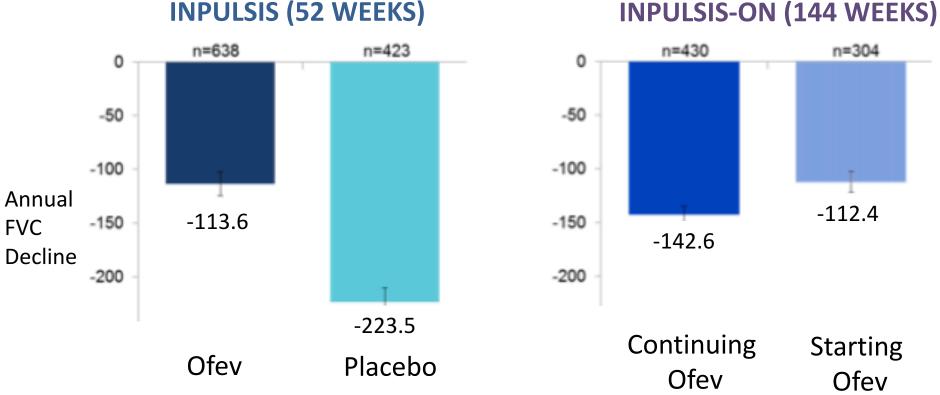
### **Exacerbation Rate**



### **INPULSIS-ON**

- Patients from INPULSIS were eligible to continue treatment with OFEV (open-label)
- 734/1061 original patients enrolled
- 430 continuing Ofev; 304 had been on placebo
- Still ongoing

#### The protective effects of Ofev persist beyond 52 weeks



#### **INPULSIS (52 WEEKS)**

Crestani et al. Long-term nintedanib treatment in idiopathic pulmonary fibrosis (IPF): new data from INPUSIS-ON. Oral presentation at: 27<sup>th</sup> Annual European Respiratory Society International Congress. September 9-13, 2017; Milan, Italy.

### **Ofev reduces acute exacerbations**

	INPULSIS*		INPULSIS-ON	
	OFEV (n=638)	Placebo (n=423)	Continuing OFEV (n=430)	Initiating OFEV (n=304)
Patients with $\geq 1$ acute exacerbation, n (%)	31 (4.9)	32 (7.6)	54 (12.6)	35 (11.5)
Total years at risk	601	401	1026	673
Adjusted incidence of acute exacerbation	5.2	8.0	5.3	5.2

#### ~ 80% relative risk reduction in exacerbation (INPULSIS 2 + INPULSIS-ON)

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### **Common Side Effects**

Diarrhea (62%)

Nausea (24%) Abdominal pain (15%) Vomiting (12%) Decreased appetite (11%)

Only 4% stopped Ofev due to diarrhea (INPULSIS)

## Dealing with side effects





## Dealing with side effects

Take each dose with a meal large enough to feel full

Space each dose by a full 12 hours (Skip a dose if you are more than 1h late)

Take Imodium at the first sign of diarrhea (Can get up to three free boxes)



#### Nurse support over the phone 24/7

#### Assistance to find local social support

#### An educational class with a Clinical Educator

## **Combination therapy?**

IPF involves disregulation of multiple, complex pathways.

Barriers:

Cost

More GI side effects

Hard to show efficacy

Pirfenidone decreases nintedinib levels

## **Special Thanks**

- Elaine Triano-Kim
- Tia Hubert
- Mary Leroy-Sullivan



#### **Questions?**