

# IPF Co-Morbidities and What Can Be Done for Them?

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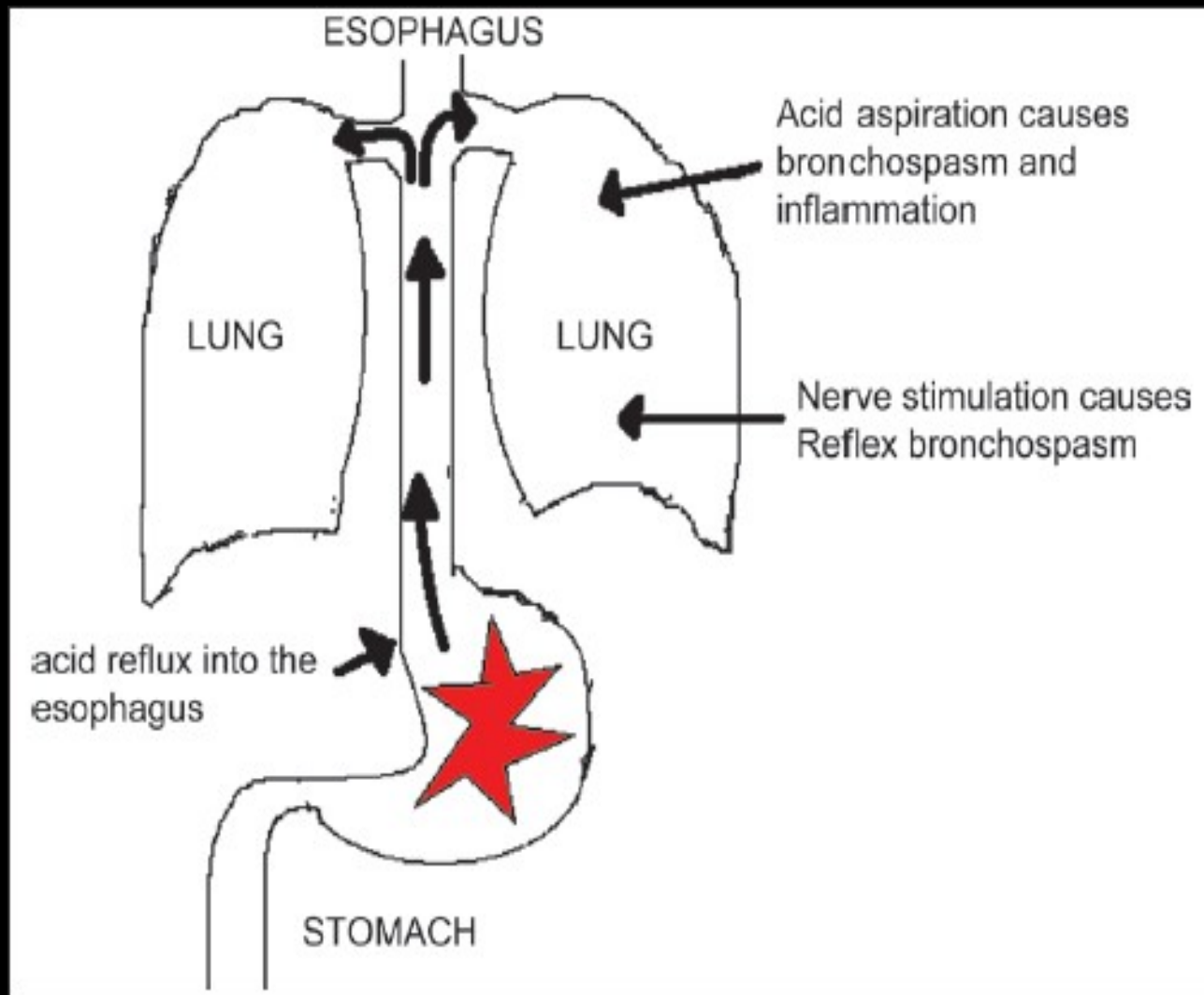
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# Common IPF Co-Morbidities

- Gastroesophageal Reflux Disease (GERD)
- Pulmonary Hypertension (PH)
- Obstructive Sleep Apnea (OSA)

# GERD

- Also called “reflux”
- Very common in patients with IPF
- Why is reflux problematic?

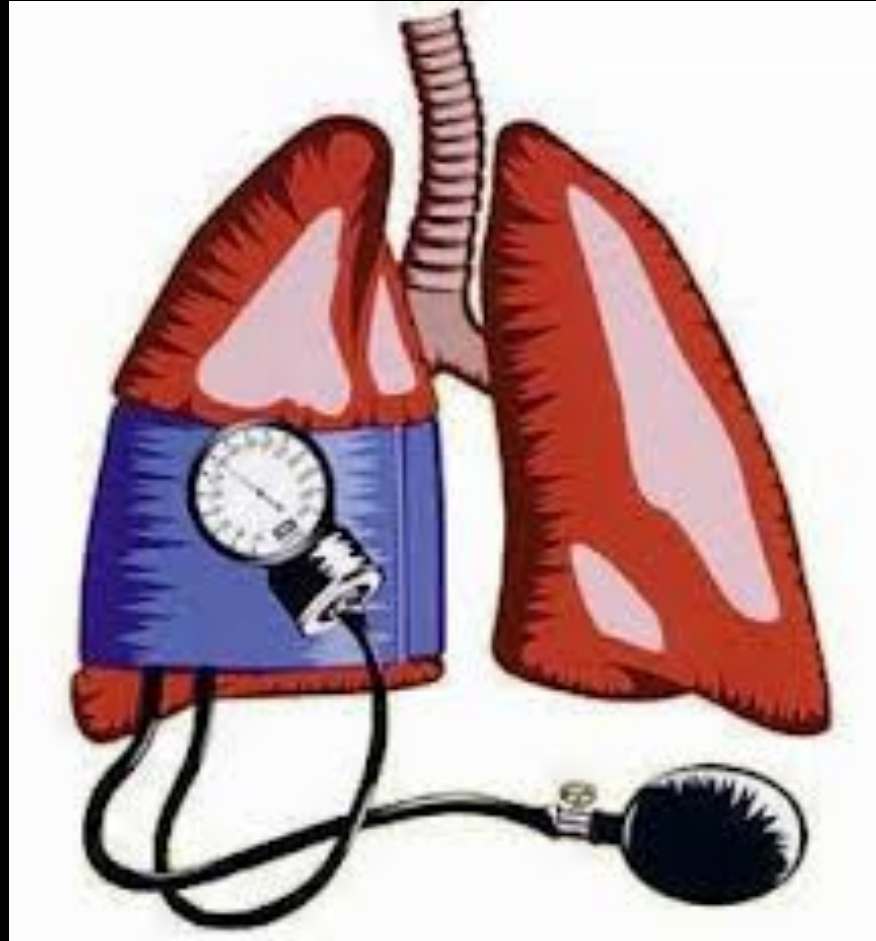


Gaude, *Annals of Thoracic Medicine*, 2009

# Reflux

- What are the symptoms?
- How is it diagnosed?
- How is it treated?
- Why is it treated?

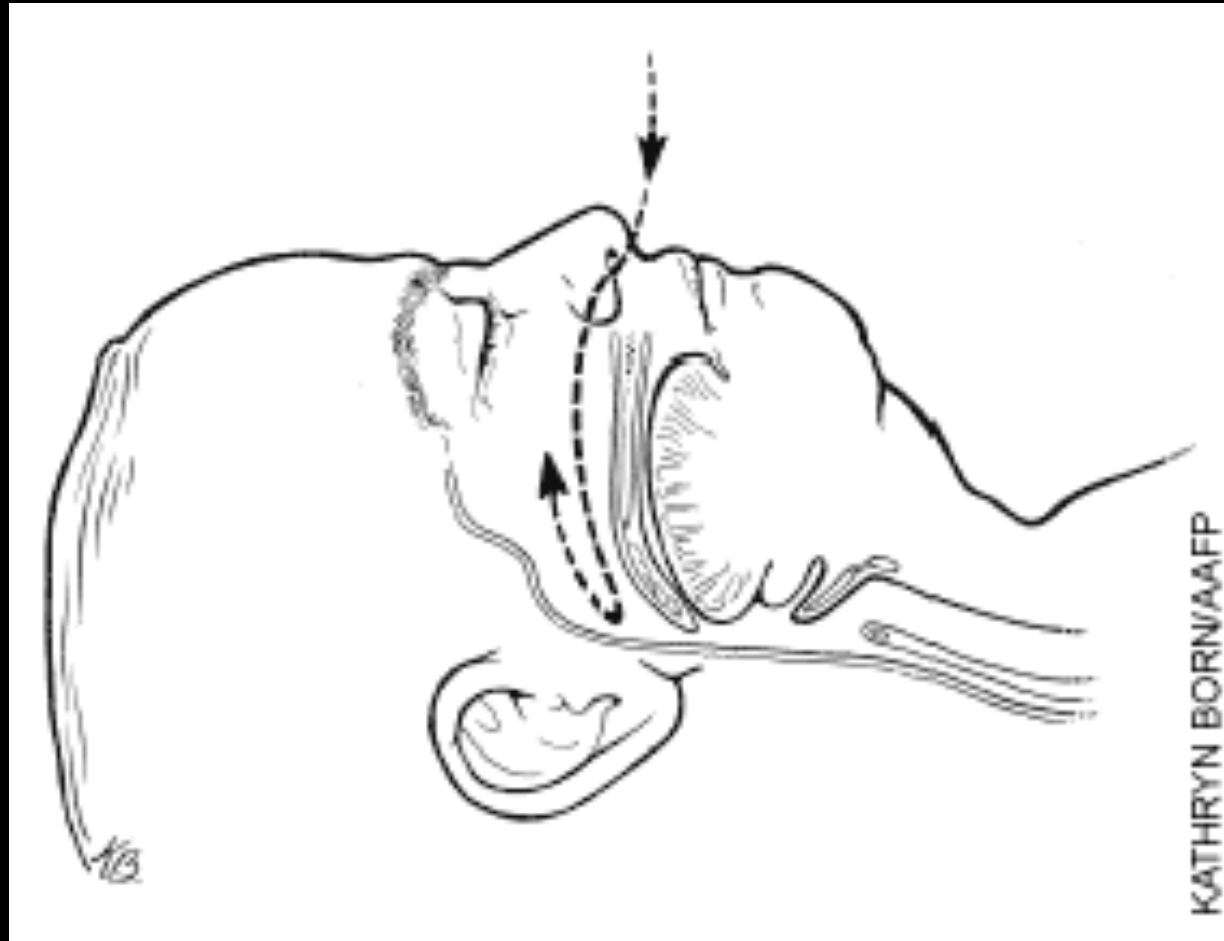
# Pulmonary Hypertension



# Pulmonary Hypertension

- What are the symptoms?
- How is it diagnosed?
- How is it treated?
- Why is it treated?

# Obstructive Sleep Apnea



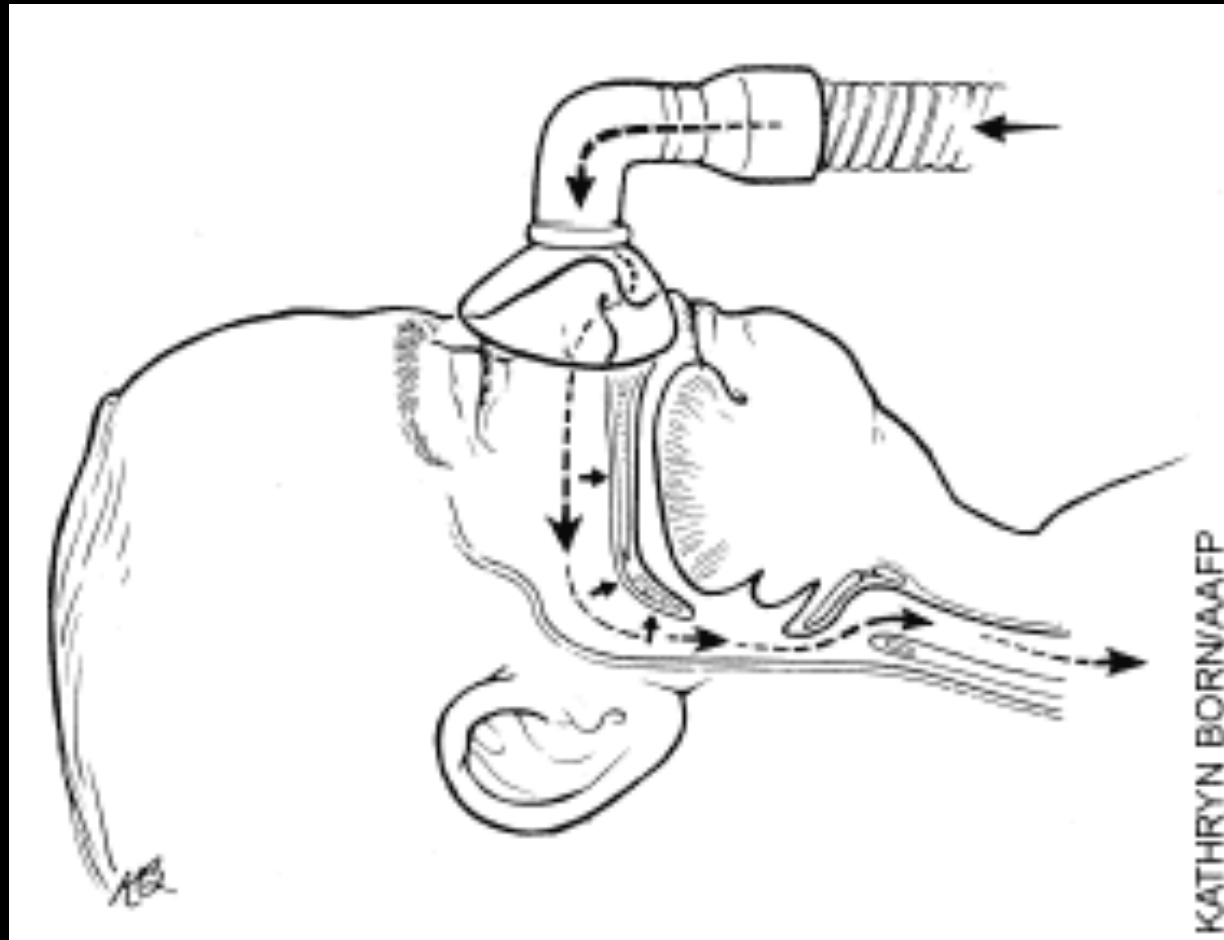
*Am Fam Physician*, 2004, 69(3):572-574.



# Sleep Apnea

- What are the symptoms?
- How is it diagnosed?
- How is it treated?
- Why is it treated?

# CPAP Device



*Am Fam Physician, 2004, 69(3):572-574.*

# Take Home Points

- Reflux, pulmonary hypertension, and sleep apnea are common in patients with IPF
- Talk to your doctors if you have signs / symptoms of the above conditions

# Questions