

Oxygen

Do I need it?

Should I use it?

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How do I qualify for oxygen?

- $SpO_2 \leq 88\%$ at rest, patient qualifies
- $SpO_2 > 88\%$ at rest, the following saturations must be documented:
 - $SpO_2\% = \underline{\hspace{1cm}}$ resting on RA
 - $SpO_2\% = \underline{\hspace{1cm}}$ ambulating on RA
 - $SpO_2\% = \underline{\hspace{1cm}}$ ambulating on $\underline{\hspace{1cm}}$ LPM oxygen
- *If patient only needs O2 at night - determined by overnight oximetry*



Patient requires O2
with activity or 24/7

- Stationary concentrator and
- 1 form of portable oxygen
 - Portable concentrator
- OR
 - Multiple Tanks

Patient only
needs O2 at night

- stationary concentrator

What equipment is covered?





Types of Stationary Concentrators

Typically start out with concentrator that goes up to 5 liters per a minute (LPM)

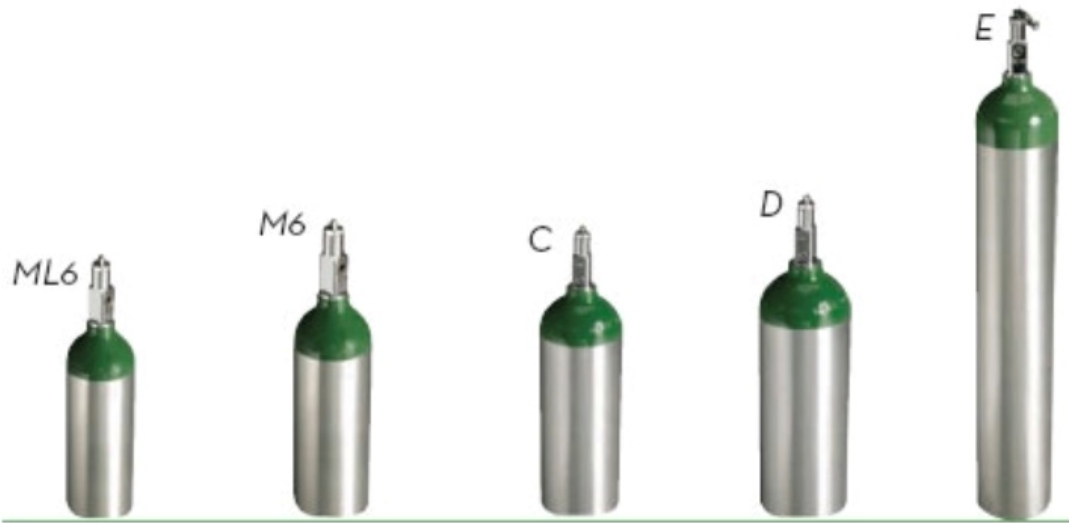
If oxygen requirement is greater than 4 liters per a minute (LPM), upgraded to high flow concentrator. It can deliver up to 10 LPM!

Currently the highest LPM on the market is 10 LPM



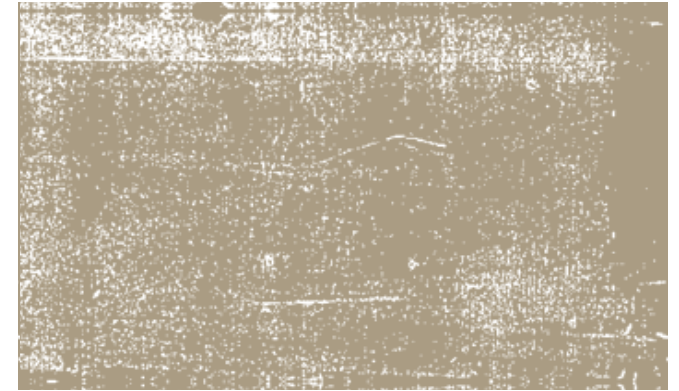
Types of Portable Oxygen

- Oxygen Tanks



Types of Portable Oxygen

- Portable Oxygen Concentrator (POC)
 - Most requested is Inogen (only does pulse dose)
 - Max out at 3 LPM



Refillable Home System

- Unit attaches to home concentrator
- Home care typically provides two tanks
- If you would like additional tanks, there is normally a fee
- Can do both pulse dose and continuous flow



Pulse Dose VS Continuous Flow

Continuous Flow


- Most tolerate CF and maintain better oxygenation levels
- Works well with mouth breathers
- POCs are larger, heavier, and batteries don't last as long

Pulse Dose

- Must breathe through nose for POC to sense inhalation
- Lighter, smaller, batteries last 2-5 times longer than with CF POC
- Some small models are very noisy



Pulse dose are small boluses of oxygen that are typically triggered by you breathing through your nose



Pulse dose conserves your oxygen tanks



Most portable units use Pulse Dose



Your doctor needs to order you for a conserving device for you to be evaluated by your home care company

Pulse Dose



On Demand/Pulse Dose (PD)

Oxygen is only delivered during inhalation

- Fixed bolus volume- mL/breath
- Fixed minute volume- mL/minute
- PD setting of 2 does NOT = 2L/min
- PD setting of 2 on one POC does NOT = PD setting of 2 on another POC

Pulse Dose



Pulse Dose

Fixed Bolus Volume - mL/breath

- A predetermined bolus size is delivered regardless of breathing rate.
- At very high respiratory rates, there may be a drop in oxygen purity because the total volume of O₂ being delivered in the course of each minute exceeds the production capacity of the POC.

Fixed Minute Volume

- A predetermined volume of O₂ is produced for each POC setting over the course of a minute. The bolus size is determined by respiratory rate (minute volume/respiratory rate)
- At higher respiratory rates, bolus size decreases, but **total** amounts of oxygen delivered per minute and oxygen purity remain the same.



Steady flow oxygen
throughout inhalation
and exhalation

CF= Liter of
oxygen/minute

Continuous Flow



Types of Nasal Cannulas

Traditional

Up to 6
LPM

High Flow

Up to
15 LPM

Oxymizer

Up to
15 LPM





Oxymizer Reservoir Cannula

- Larger bore and tubing to accommodate higher flows
- Can be used at flows as high as 10 LPM
- Can only be used with continuous flow devices
- Reservoir stores oxygen during exhalation and delivers bolus as well as set flow during inhalation
- Increases oxygenation
- In some cases, enhances patient comfort





How to Check Oxygen Values at Home

- Portable Oximeter
 - Measure values while doing activity as well as when at rest
 - Maintain values 88% or higher
 - Values 87% or lower mean you need the oxygen!!!
 - People have purchased through
 - Amazon.com
 - Walmart.com
 - CVS





What is Activity?

- ANY TIME you are MOVING!
 - Examples:
 - Walking from the house to the car
 - Walking up stairs
 - Walking from sofa to and from bathroom
 - Taking a shower
 - Folding laundry or doing household chores
 - Grocery shopping
 - Lifting items



If Your Oxygen Level Drops While Moving BUT Recovers While You Sit Down You STILL NEED OXYGEN

- Famous patient line, "Oh I thought if I sat down and my numbers came back up, I was ok."

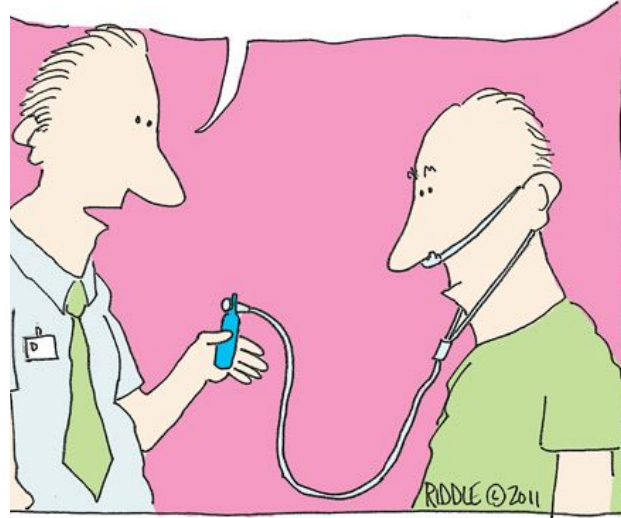


OXYDOG: THE DISCREET
MOBILE OXYGEN CONCENTRATOR



* OXYCAT ALSO
AVAILABLE

THIS IS OUR MOST PORTABLE TANK...
UNFORTUNATELY IT ONLY LASTS 3 MINUTES.



NEW PRODUCT SPOTLIGHT

How to contact me



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