

# ANCA-associated ILD

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# Disclosures

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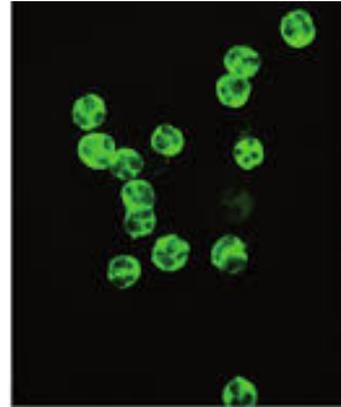


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# Antineutrophil cytoplasmic antibody-associated vasculitis (AAV)

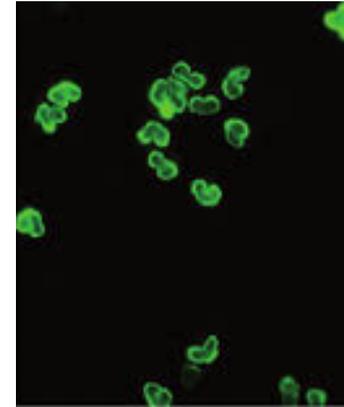
Pauci-immune necrotizing vasculitides that affect small to medium sized blood vessels

c-ANCA



Granulomatosis with  
polyangiitis  
(GPA)

p-ANCA



Microscopic polyangiitis  
(MPA)

Eosinophilic granulomatosis with polyangiitis (EGPA)

Pulmonary complications of AAV are exceedingly common and in 157 AAV patients who had a HRCT at the time of diagnosis, 66.2% had pulmonary involvement (16% asymptomatic)<sup>2</sup>

# AAV-associated pulmonary disease

	Microscopic polyangiitis (%)	Granulomatosis with polyangiitis (%)	Eosinophilic granulomatosis with polyangiitis (%)
Upper airway manifestations			
Sinusitis	Rare	61	14–73
Nasal mucosa ulcers/bleeding	Rare	Up to 70	Rare
Saddle nose	Rare	20–50	Rare
Lower airway manifestations			
Asthma	5	8	★ 95–100
Tracheal stricture and stenosis	Rare	15	Rare
Bronchiectasis	16–32	13–20	15–20
Pulmonary manifestations			
Lung nodules	7–30	★ 30–89	11–89
Diffuse alveolar hemorrhage	★ 10–55	5–30	3–8
Lung fibrosis/interstitial lung disease	32–45	23	Rare
Pleural manifestations			
Pleural effusion	22–27	12–20	12–22

# Prevalence of ILD in AAV is increasingly recognized

First described in 1990<sup>1</sup>, but we now know that ILD is somewhat common in AAV:

Lung fibrosis/interstitial lung disease	32–45	23	Rare
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The 2022 ACR/EULAR classification for MPA includes ILD as a key item:

## CLINICAL CRITERIA

Nasal involvement: bloody discharge, ulcers, crusting, congestion, blockage or septal defect / perforation	-3
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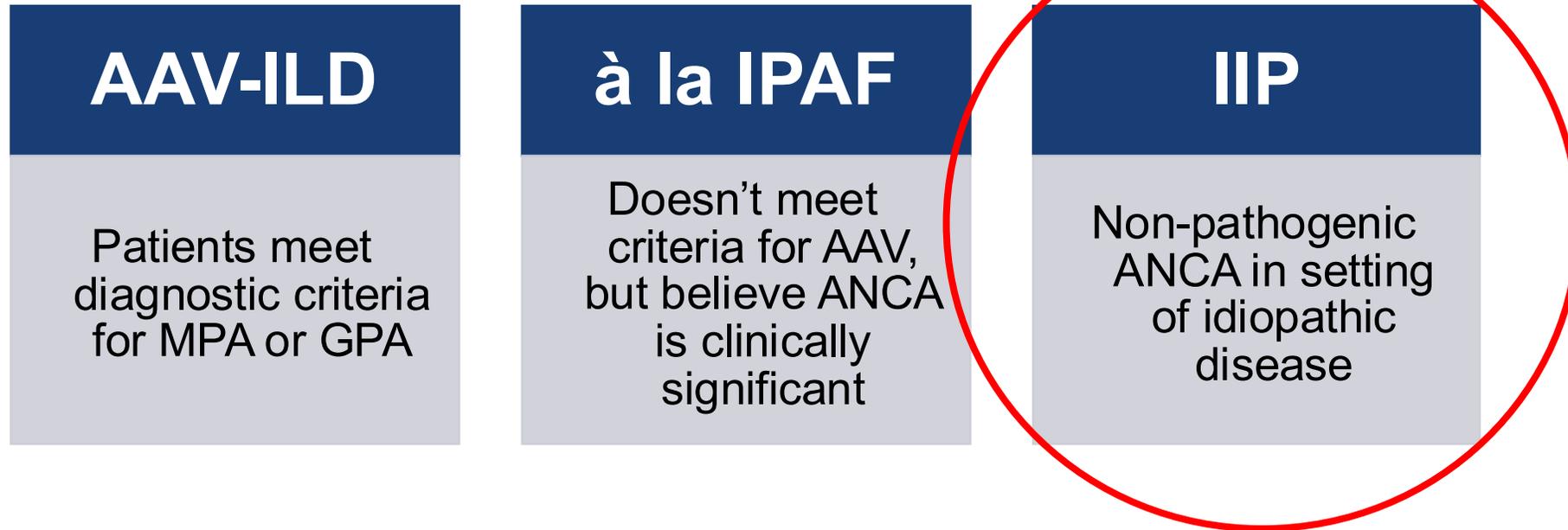
## LABORATORY, IMAGING, AND BIOPSY CRITERIA

Positive test for perinuclear antineutrophil cytoplasmic antibodies (pANCA) or antimyeloperoxidase (anti-MPO) antibodies ANCA positive	+6
Fibrosis or interstitial lung disease on chest imaging	+3
Pauci-immune glomerulonephritis on biopsy	+3
Positive test for cytoplasmic antineutrophil cytoplasmic antibodies (cANCA) or antiproteinase 3 (anti-PR3) antibodies	-1
Blood eosinophil count $\geq 1 \times 10^9$ /liter	-4

Sum the scores for 6 items, if present. A score of  $\geq 5$  is needed for classification of **MICROSCOPIC POLYANGIITIS**.

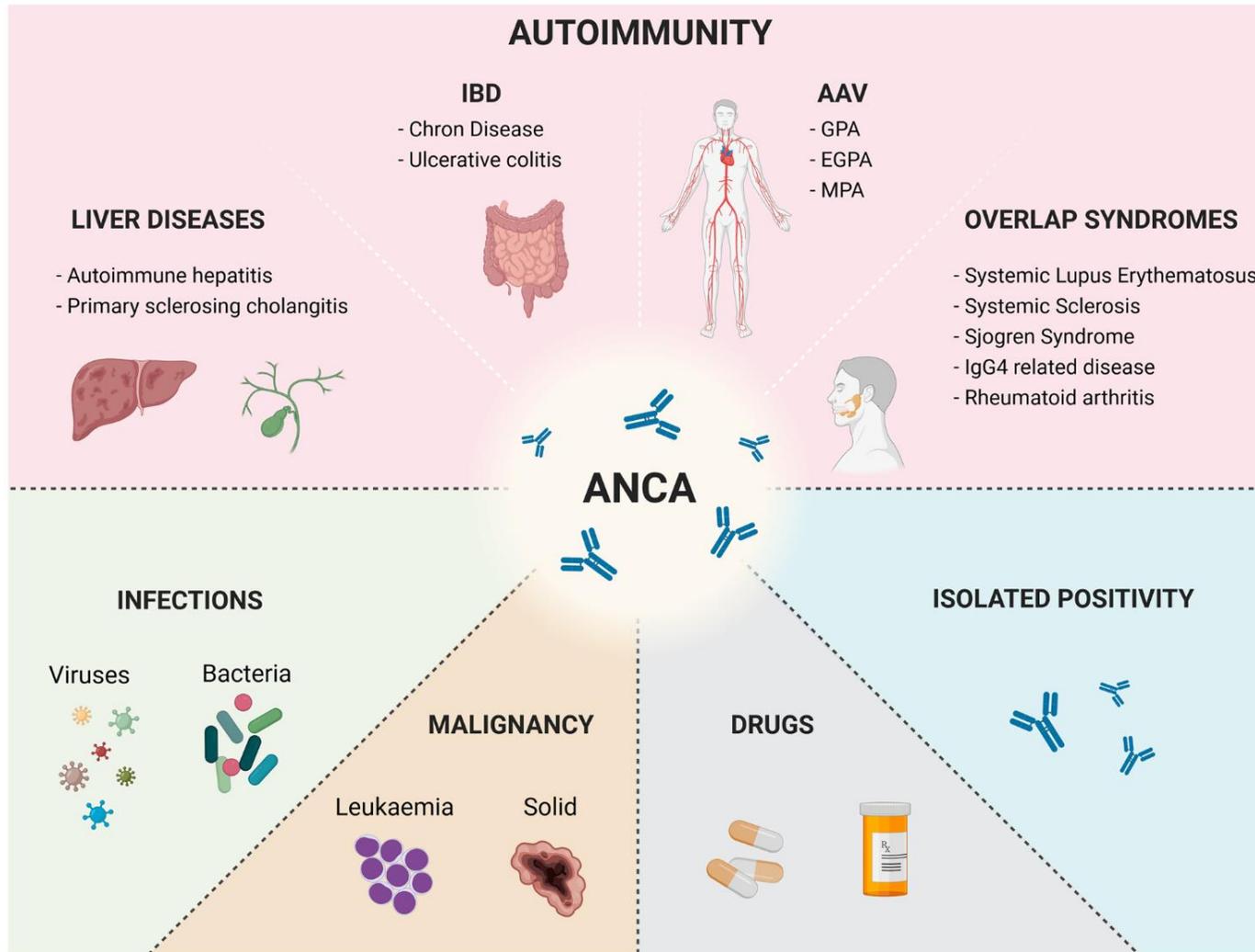
Accordingly, a 2020 international consensus on ANCA testing beyond vasculitis recommended testing in all patients with IIP<sup>4</sup>

# 3 Categories of ILD with ANCA positivity



Presence of antibody alone (without other features of vasculitis) does not seem to be clinically significant or affect survival

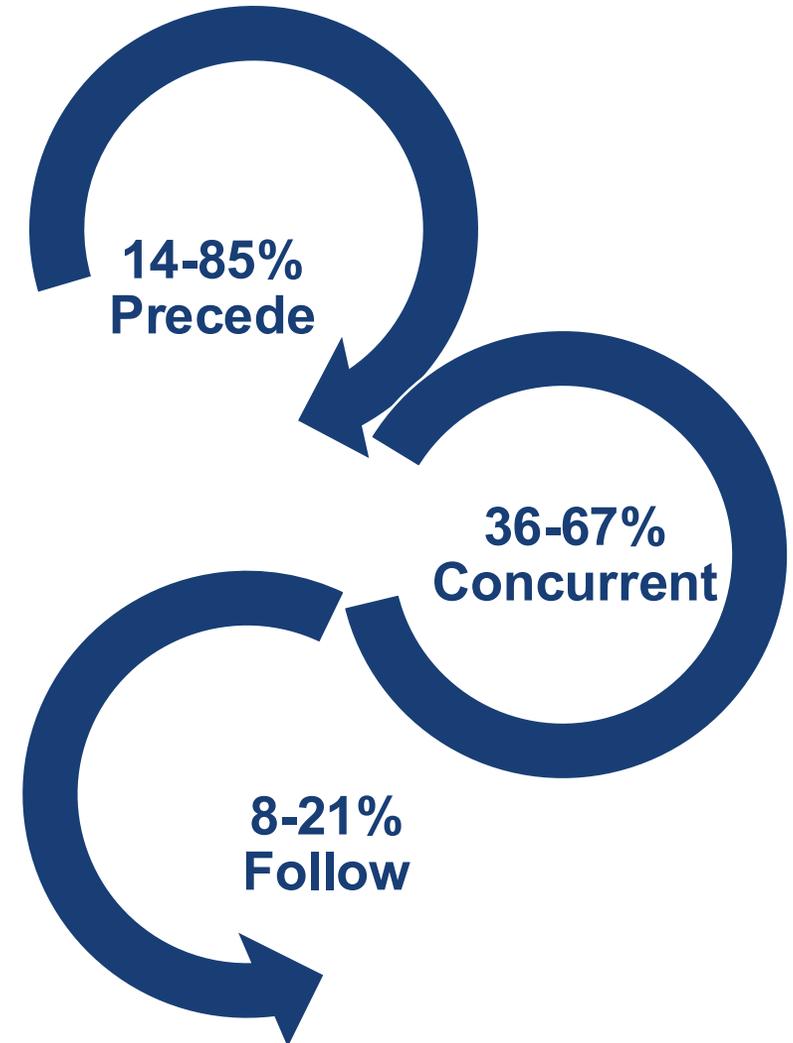
# Causes of ANCA Positivity



198 Australians with low pre-test clinical suspicion were tested and ANCA was present in 5.1%, but majority low level positives and atypical p-ANCA.

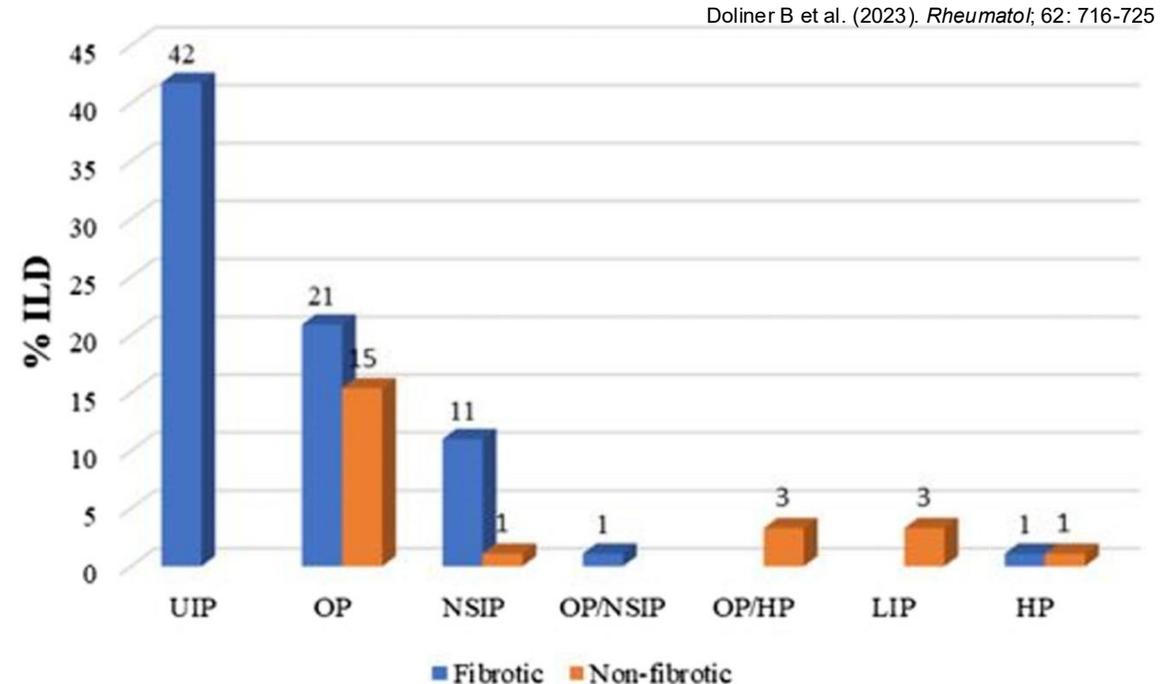
# À la IPAF...ANCA + ILD may represent a preclinical phase of vasculitis

- 5-10% of patients with ILD are ANCA+ when diagnosed
- 10% of patients with IIP will subsequently seroconvert and become ANCA +
- 25% of ANCA+ will progress to overt vasculitis after a median of **2 years**



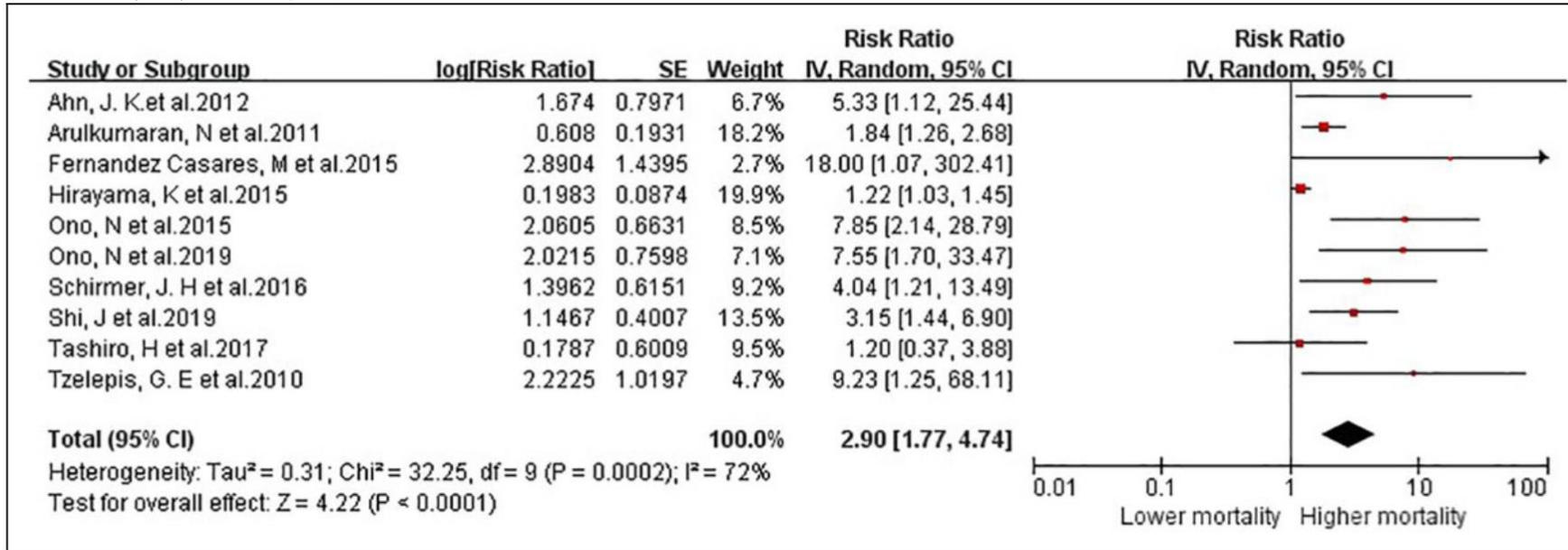
# AAV-ILD

- Median age at diagnosis mid-60s to mid-70s vs. median age of MPA w/o ILD is closer to 55
- 76% symptomatic at time of diagnosis
- ILD can be progressive despite clinically quiescent systemic vasculitis
- Like in other SARD-ILD, surgical lung biopsies are rarely required for diagnosis
  - When performed, biopsies most commonly show histologic diagnosis of UIP followed by NSIP and are without capillaritis



# AAV-ILD is associated with a higher risk of death vs. AAV alone

Zhou P et al. (2021). *Chron Resp Dis*; 18:1-11



Increased mortality

UIP pattern

Honeycombing

Age

Ever smoker

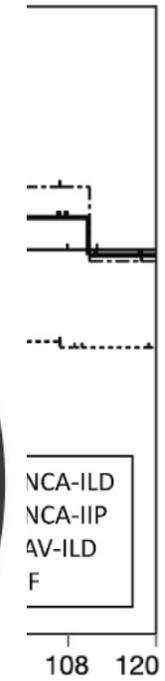
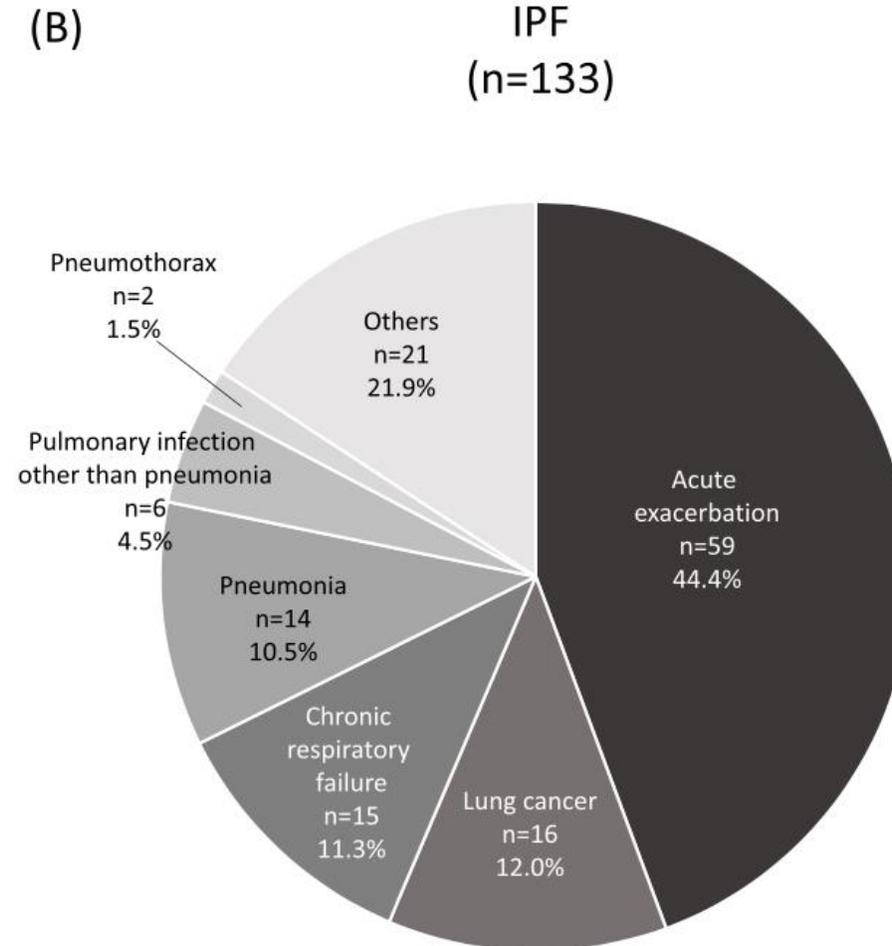
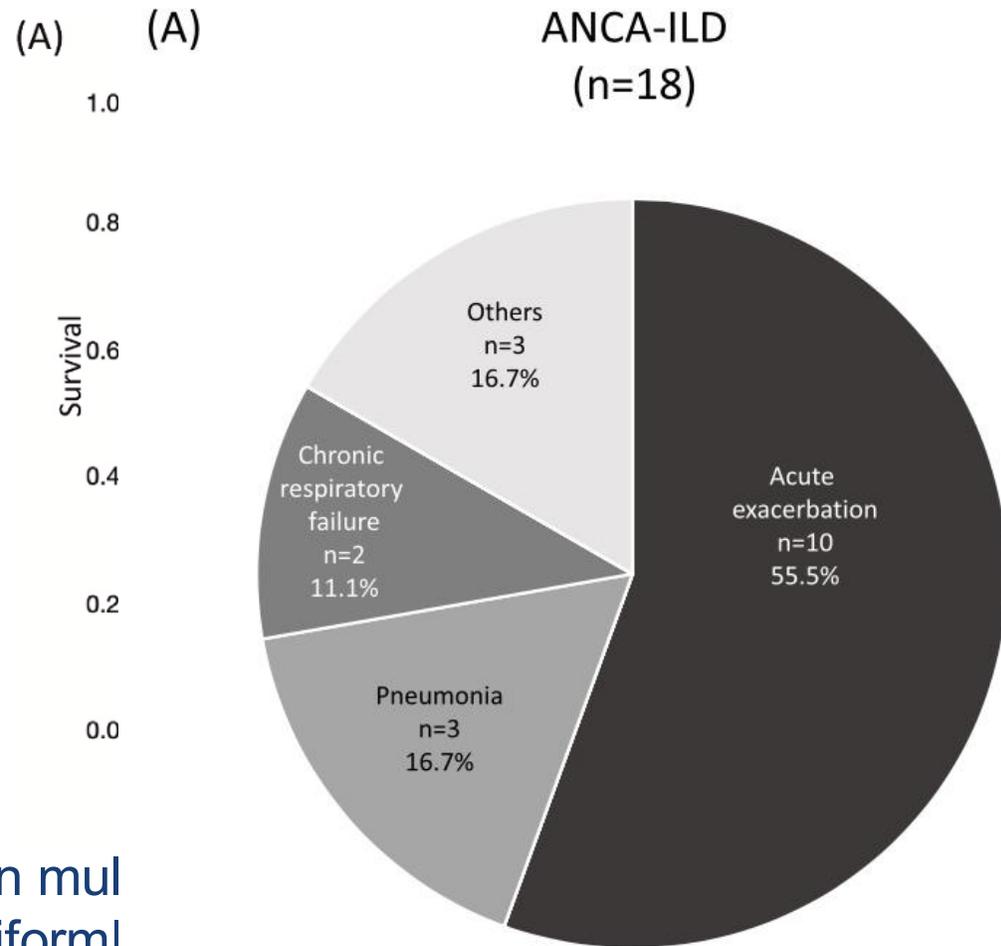
FVC decline

MPA

AE

In a meta-analysis performed by He et al. 50% of MPA-ILD patients died within 6 years of follow-up

# Acute Exacerbations 2/2 AAV-ILD

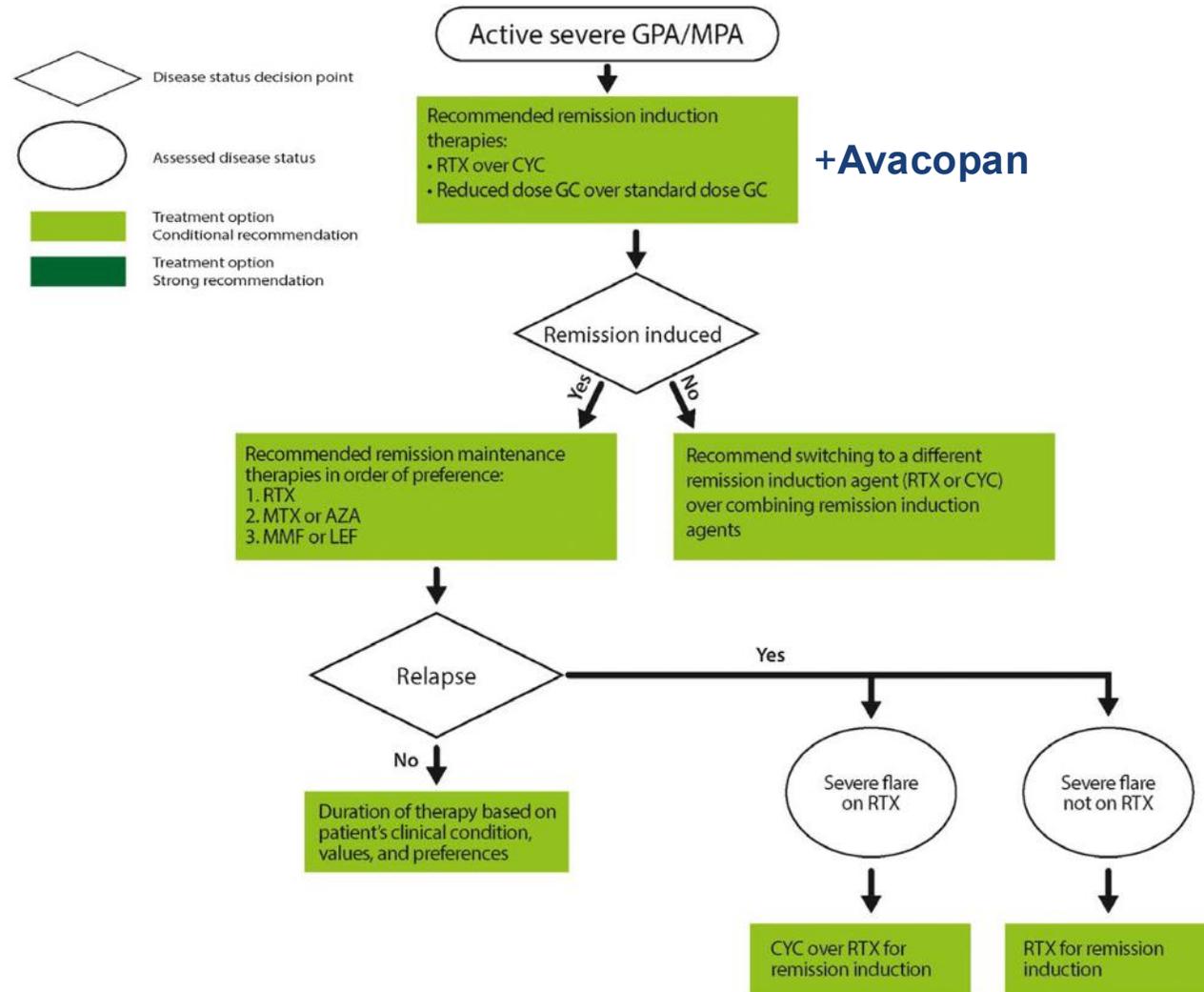


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# Treatment of AAV-ILD

## Severe Disease Vasculitis with life- or organ-threatening manifestations



# However, impact of immunosuppression on fibrosis is uncertain

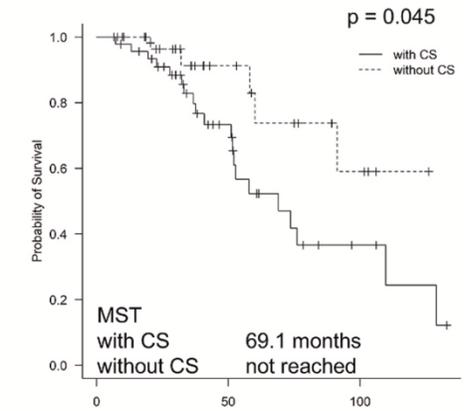
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- Immunosuppression with cyclophosphamide or rituximab led to improvement in 96% with DAH and 90% with nodules, but 53% of those with ILD had progressive disease despite AAV remission after induction regimen
- Additionally, infection remains a frequent cause of death in AAV-ILD as it is in AAV
- There are reasonable concerns for possible harm due to the many similarities between AAV-ILD and IPF (particularly in patients without extra-pulmonary evidence of active vasculitis)
  - Advanced age
  - Male predominance
  - Risk of smoking
  - UIP predominance
  - Acute exacerbations with high mortality
  - Association with MUC5B promoter

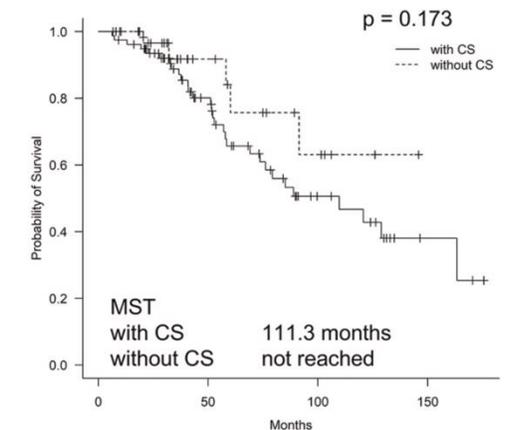
# Multiple, small studies suggest no benefit with immunosuppression

- Shimamura et al. found that patients with pulmonary-limited vasculitis treated with immunosuppression had a shorter survival time than those not treated
- In the prior systematic review (Zhou et al.) that assessed mortality risk of AAV-ILD, there was no beneficial effect in the immunosuppressive treatment subgroup and infection was one of the most frequent causes of death
- In a cohort study of 62 patients with AAV-ILD, neither immunosuppression for induction nor maintenance demonstrated any difference in survival
- In a group of elderly patients with AAV-ILD, steroid pulse therapy was reported as a significant risk factor for severe infection

(B) Corticosteroid treatment



(C) Corticosteroid treatment



# BUT, rationale for immunosuppression in other SARD-UIP could support use in AAV-UIP

- Based on belief that background immune process is fueling fibrotic progression
- scRNA-seq of lung tissue obtained at the time of transplant from patients with IPF and SSc-ILD (7/8 UIP) showed many similarities, but distinct transcriptional signatures despite the shared histologic pattern
- RA-ILD responds well to immunosuppression regardless of ILD pattern
- AAV-ILD patients with UIP on biopsy were found to have significantly more inflammation than patients with IPF
- In a retrospective case series of 49 patients with AAV-ILD the combo of steroids + cytoxan or rituximab for induction appeared to lead to better outcomes with 3 year survival of 94% compared to 64% in patients with steroids alone

# The role of antifibrotics

- INBUILD included one patient with ANCA-ILD and another with AAV-ILD and did not allow background immunosuppression such as cytoxan, rituximab, or high dose steroids
- There have been more trials on pirfenidone's efficacy in ILD other than IPF, but quality of evidence of lower
- RELIEF included 37 patients with CTD-ILD and a progressive phenotype, trial was terminated due to under recruitment and primary outcome was non-significant, but there were trends towards preserved lung fxn and relative treatment effects were similar to SENSICIS and INBUILD
- PIRFENIVAS, a phase 2 trial for Pirfenidone in ANCA-ILD (with or without systemic features) was unfortunately terminated prematurely because of slow recruitment (7 out of 15 anticipated patients)

Soooo a pretty data free zone, but would be reasonable to follow the PPF guidelines:

***We suggest nintedanib for the treatment of PPF in patients who have failed standard management for fibrotic ILD, other than IPF***

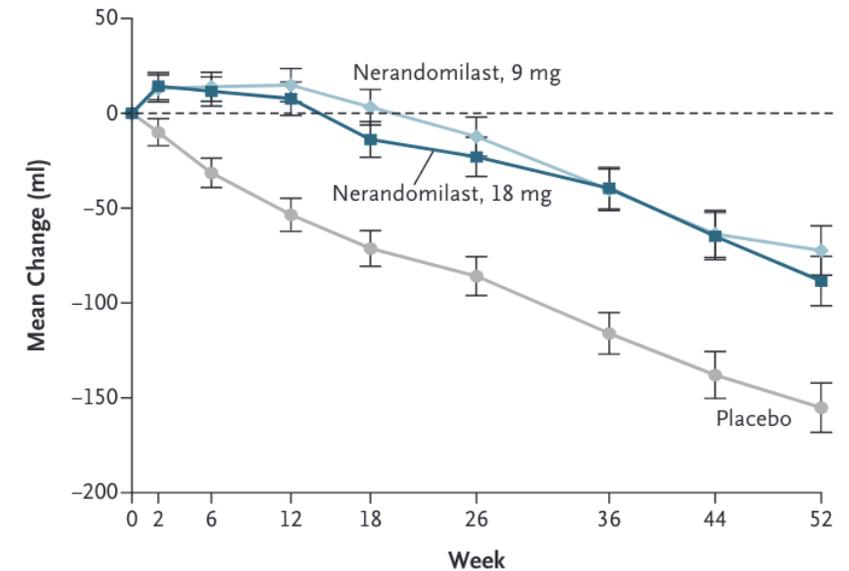
# New kid on the block → Nerandomilast

- Preferential phosphodiesterase 4B inhibitor which prevents inactivation of cAMP
- Elevated cAMP produces antifibrotic and immunomodulatory effects

Data comes from recently published phase 3 clinical trial  
**(FIBRONEER)**

- Progressive pulmonary fibrosis
- Stable immunosuppression allowed, but cytoxan, rituximab, and prednisone > 15 excluded
- Included 225 patients with autoimmune ILD (type not specified)
- Shown to slow progression consistently across ILD subtypes
- There is concern for vasculitis as an AE with PDE4 inhibition, but this was not seen in the trial

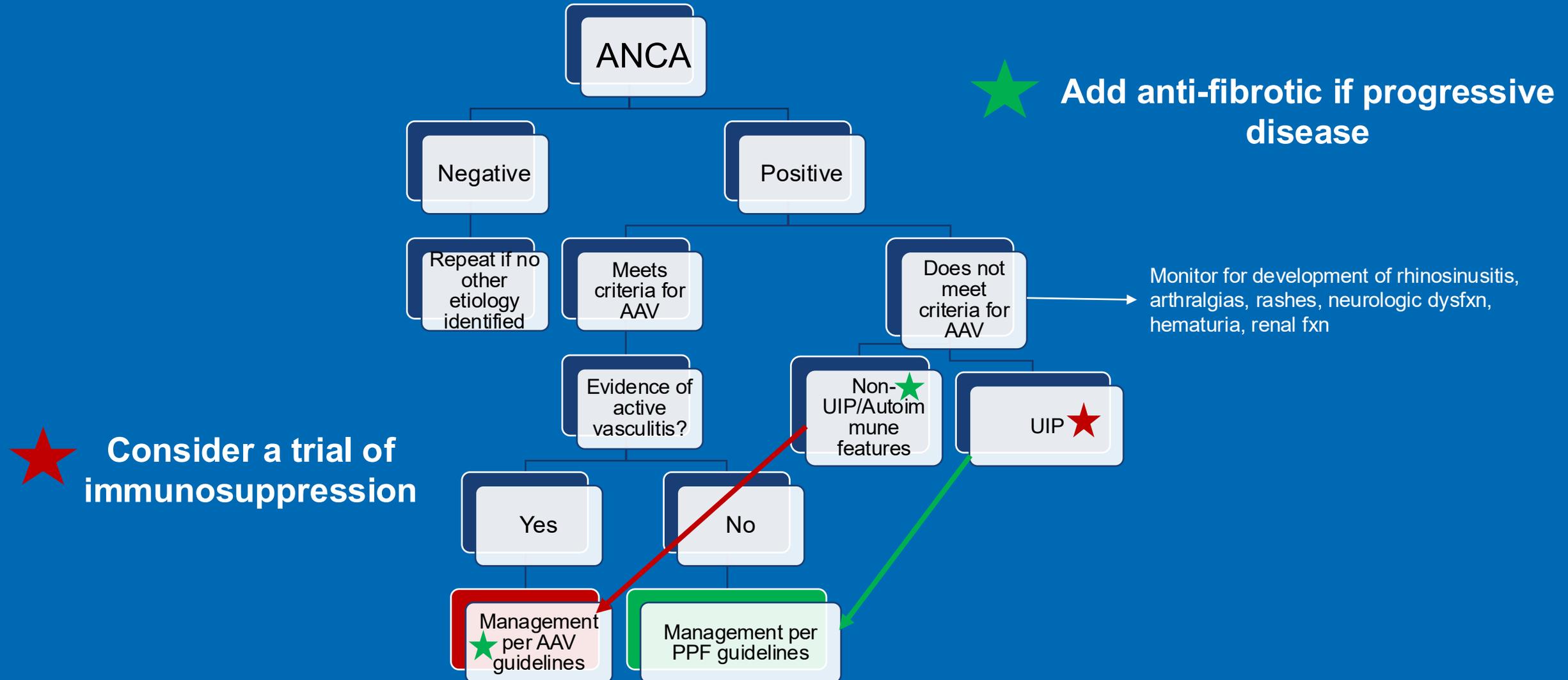
**B** Change in FVC over Time in the Overall Trial Population



**No. of Patients**

Nerandomilast, 18 mg	379	380	364	349	338	330	321	324
Nerandomilast, 9 mg	386	379	365	361	348	333	326	325
Placebo	378	373	369	358	355	337	326	326

# ANCA-ILD Management Summary



# Summary

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1. Historically, interest in the pulmonary manifestations of AAV has focused on DAH, but more recently ILD has been increasingly appreciated as a common manifestation
  2. A diagnosis of ILD can precede, occur concurrently, or follow a diagnosis of AAV
  3. The most common radiologic and histopathologic pattern seen in AAV-ILD is UIP followed by NSIP (without evidence of capillaritis) and diagnosis of AAV-ILD does not require a biopsy
  4. Respiratory failure is a significant cause of death in AAV-ILD and may be driven by acute exacerbations
  5. Optimal treatment regimen remains uncertain, but current practice follows guidelines for AAV and PPF
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